



# THE NEW NORMAL Travel Experience

## ARRIVING IN THE PHILIPPINES GUIDE FOR OVERSEAS FILIPINOS

REQUIRED FORMS	DOWNLOADABLE APPS	QUARANTINE AND TEST REQUIREMENTS
<ul style="list-style-type: none"> <li><a href="#">Red Cross e-CIF</a></li> <li><a href="#">PAL e-CIF</a> (PAL passengers only)</li> <li><a href="#">CebPac e-CIF</a> (CebPac passengers only)</li> <li><a href="#">Affidavit of Undertaking</a></li> <li><a href="#">BOQ e-HDC</a> (e-Health Declaration Form)</li> <li><a href="#">MCIA Registration Form</a> (for Cebu arrivals only)</li> </ul>	<ul style="list-style-type: none"> <li><a href="#">TRAZE</a> Mobile App</li> </ul>	<p><b>Arrivals from <a href="#">Green Countries</a>:</b></p> <ul style="list-style-type: none"> <li><b>Vaccinated:</b> 14 days self monitoring given that the passenger provided a negative RT-PCR test taken 72 hours before departure from country of origin</li> <li><b>Unvaccinated:</b> at least 6 days hotel quarantine until release of RT-PCR test result taken on the 5th day of quarantine then self-monitoring until 14th day</li> <li>Fully vaccinated passengers travelling with unvaccinated children follows regular testing and quarantine procedures</li> </ul> <p><b>Arrivals from <a href="#">Yellow Countries</a>:</b></p> <ul style="list-style-type: none"> <li><b>Vaccinated:</b> at least 6 days hotel quarantine until release of RT-PCR test result taken on the 5th day of quarantine then home quarantine until 10th day</li> <li><b>Unvaccinated:</b> at least 8 days hotel quarantine until release of RT-PCR test result taken on the 7th day of quarantine then home quarantine until 14th day</li> </ul> <p><b>Arrivals from <a href="#">Red Countries</a>:</b></p> <ul style="list-style-type: none"> <li>Undergo 10 days hotel quarantine and 4 days home quarantine</li> <li>RT-PCR test on the 7th day of quarantine</li> </ul> <p><small>*List of Documents accepted for <a href="#">Proof of Vaccination Status</a> **List DOT Accredited Hotels <a href="#">Manila</a>   <a href="#">Clark</a>   <a href="#">Cebu</a>   <a href="#">Davao</a>   <a href="#">Laoag</a></small></p>

NOTE: Underlined texts are hyperlinks to forms, app and more information.

### PRE-ARRIVAL PREPARATION

- Click [here](#) to check if you are allowed to enter the Philippines.
- For unvaccinated and/or arriving from non-GREEN countries, pre-register for an RT-PCR test by accomplishing the e-CIF (*Electronic Case Investigation Form*) at least 3 days before departure. Save the confirmation and QR code sent to your email to use during your flight.
- Register your BOQ e-HDC including children to generate a *unique QR code* which you have to present before boarding and upon arrival in the Philippines. Check this [link](#) for the 2-step process.
- Download the TRAZE mobile app and complete registration. The app will also provide another *unique QR code* to utilize in any of the Philippine airports.
- Download, print and fill out the *Affidavit of Undertaking Form* to be submitted upon your arrival in the Philippines.
- Book a room from any of the DOH accredited quarantine hotels according to the quarantine requirements applicable for unvaccinated and/or arriving from non-GREEN countries.
- Sign the *Declaration and Waiver Form* given to you upon check-in indicating that you are healthy and fit to travel.

### DURING THE FLIGHT

Fill out the forms given to you upon check-in and or boarding the plane:

- Bureau of Customs Form
- Arrival Card
- Affidavit of Undertaking Form (if not accomplished yet)

### ARRIVAL PROCEDURES

- Mandatory wearing of face mask and face shield.
- Listen to the quarantine briefing conducted by the Philippine Coast Guard. Undergo temperature check upon deplaning and present your e-HDC QR code.
- Present your proof of vaccination to the dedicated Bureau of Quarantine (BOQ) representative for re-verification at the Department of Transportation One-Stop-Shop (OSS).
- For those with hotel bookings, proceed to the hotel desk to verify your hotel booking or to assist you to book one if you haven't done it yet. Ensure that hotel verifiers have *signed or stamped your Affidavit of Undertaking*.
- For RT-PCR arrangement, proceed to swabbing verification booth and present your *passport* and *e-CIF QR code*. After verification another *sticker* will be placed at the back of your passport. Pay for your RT-PCR test which costs Php 3,500. Senior Citizen and PWD discounts apply. You may pay in *cash, card*, or through the following *online payments*: Alipay, WeChat Pay, PayPal, and GCash. If you availed of the prepayment facility, present the *payment confirmation email*.
- Clear with immigration and submit your *Arrival Card*.
- Claim your *baggage* and submit the *Bureau of Customs Form*.
- Before exiting the airport, submit the *Affidavit of Undertaking*.
- Transfer to your hotel through your preferred mode of transportation.

### QUARANTINE

- Proceed to facility-based quarantine and wait for the day of RT-PCR testing
- On the day of your test, present your *passport*, *QR code*, and *payment receipt* to the personnel who will administer your test.
- Release of test result.
  - Negative Test Result:** obtain a copy of your *BOQ Medical Certificate* by emailing [boq.qc1@gmail.com](mailto:boq.qc1@gmail.com) and [helpdeskboq@gmail.com](mailto:helpdeskboq@gmail.com). Indicate the following in your email: *Complete Name, Complete Address, Current Hotel and Room Number, Country of Origin, Date of Arrival to the Philippines, Number of Quarantine Days and an Attachment of your official test result*. Present the *test result and certificate* to the quarantine personnel assigned at your hotel to obtain *Quarantine Clearance* and be able to go home on the 10th day.
  - Positive Test Result:** BOQ will endorse the passenger to a hospital for medical management.
- After returning home, travelers must complete the self-monitoring or home quarantine requirements.

we can help you with hotel booking, email us at

[mge@ph.travelleadersint.com](mailto:mge@ph.travelleadersint.com)  
(for leisure travel)

[btc@ph.travelleadersint.com](mailto:btc@ph.travelleadersint.com)  
(for corporate travel)

NOTE: Due to the pandemic, travel restrictions and procedures may change frequently. Kindly check with your Marsman contact for the latest regulations should you have immediate travel plans.